



The PARLIAMENT
gardens



WELCOME TO THE **PARLIAMENT GARDENS!**

Come and enjoy the Parliament gardens, featuring beds of edible plants, ornamental horticultural arrangements and a woodland garden. Co-created with Université Laval and Les Urbainculteurs, the ensemble showcases different forms of urban agriculture, a practice that has become increasingly popular around the world.

While strolling through our seven thematic gardens, you will discover dozens of varieties of organically-grown herbs, vegetables, fruits and berries, medicinal plants, tropical and fruit trees, and flowers in in-ground and raised beds and containers.

New this year: Extend your experience to Le Parlementaire restaurant where you can savour dishes prepared for you by our three chefs, using fresh produce selected weekly from the gardens.

For the third year, picking is allowed in four sections of the vegetable garden beds. Look for the signs to help you locate them easily. Help yourself in moderation, leaving some for other visitors. Your cooperation will make all the difference!

ENJOY YOUR VISIT!

Jacques Chagnon

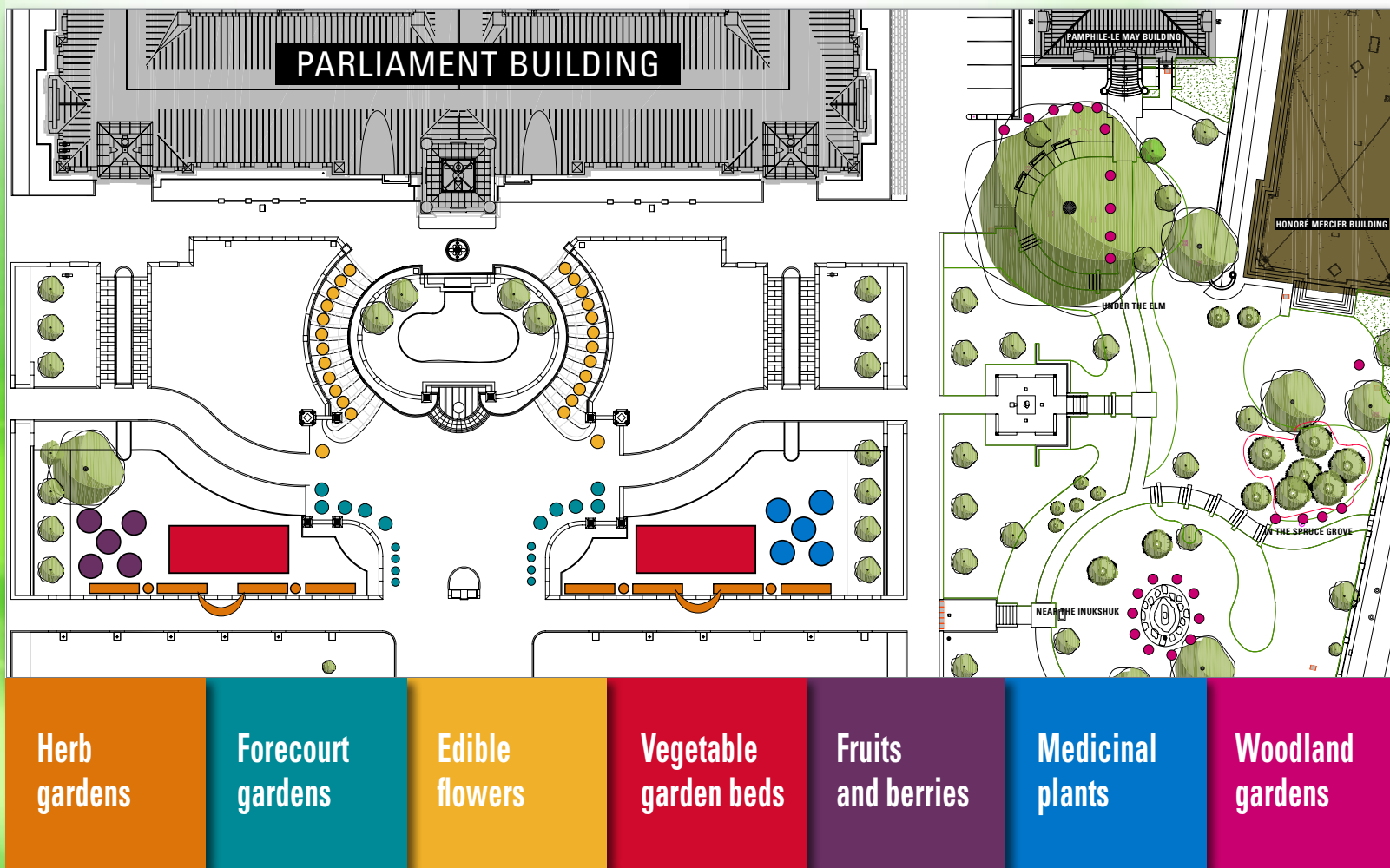
President of the National Assembly of Québec

NEW THINGS **TO DISCOVER**

- A dozen varieties of edible flowers, along the forecourt steps
- Two sections where you can pick your own ground cherries, walking onions, Fairy Tale eggplants
- A fig tree, a banana plant and some citrus trees in the tropical section of the woodland garden
- Audio podcasts for an interactive tour of the gardens (free 📶)
- An extended season, from May to October

**Extend your experience to
Le Parlementaire restaurant,
where produce harvested from
the gardens is showcased!**

TAKE AN INTERACTIVE WALK THROUGH THE GARDENS

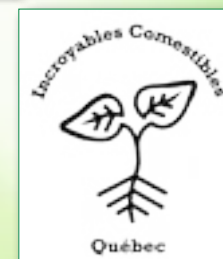


HAVE YOU HEARD ABOUT THE "INCREDIBLE EDIBLE" MOVEMENT?

It all started in 2008, when three women from Todmorden, a small town in northern England, decided to grow fruits and vegetables in public places and give them away.

Since then, the movement has taken hold and the number of new projects keeps growing worldwide.

Certain sections of the in-ground beds are part of the Incredible Edible network. Look for these signs:



Use your mobile to access **assnat.qc.ca/jardins** (French only) for a guided tour of the different sections of the gardens and for gardening tips.

Here are two self-guided walking tours you can take to explore the gardens and discover statues of men and women who marked Québec's political history.

9-Station Parliament Garden Tour

- | | |
|--------------------------------|-----------------------------|
| 1 Herb gardens | 5 Fruits and berries |
| 2 Forecourt gardens | 6 Medicinal plants |
| 3 Edible flowers | 7 Woodland gardens |
| 4 Vegetable garden beds | |

EMBLEMS OF QUÉBEC

8

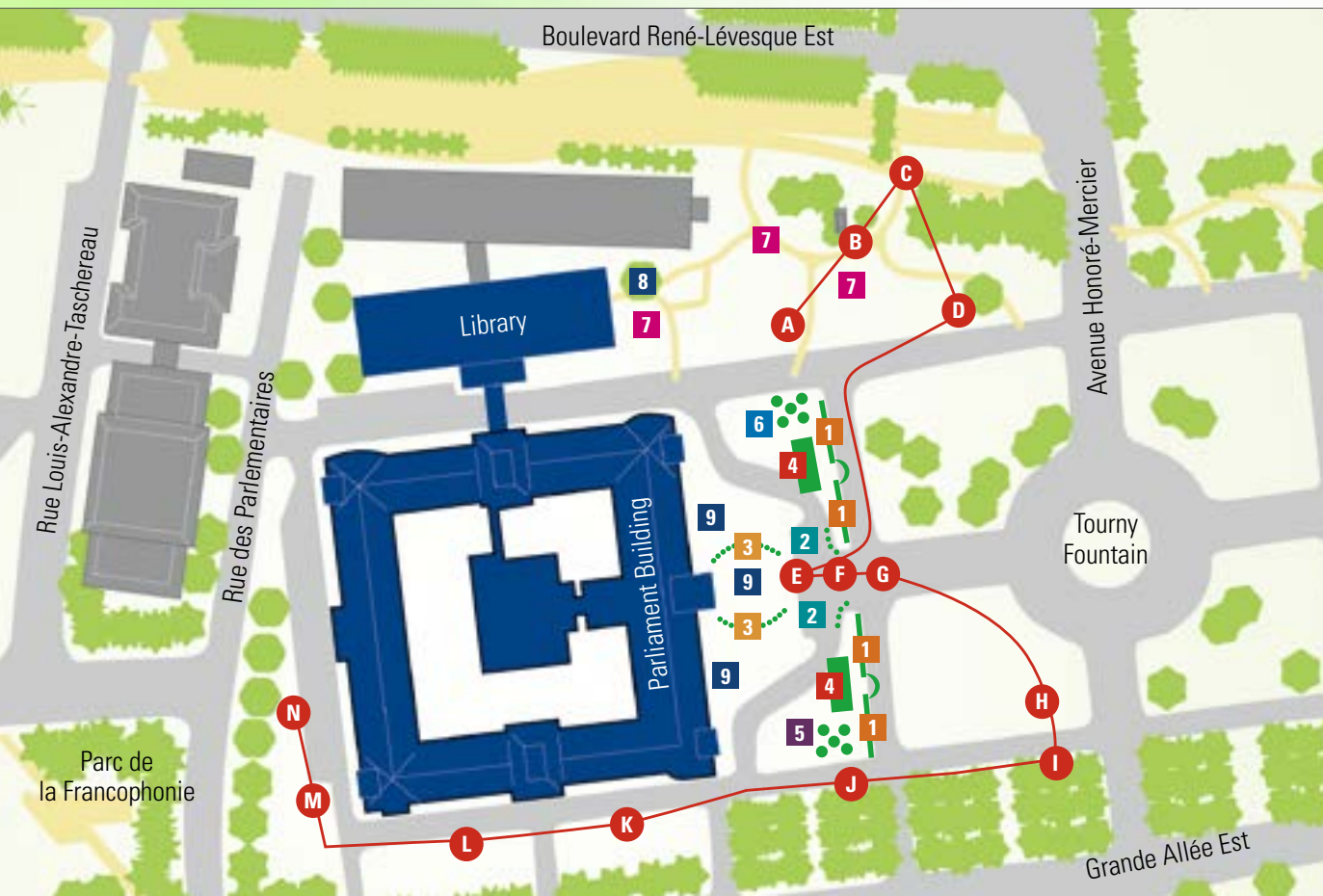


Yellow Birch

9



Blue Flag Iris



14-Station Historical Monument Tour



A Jean Lesage



H Honoré Mercier



Inukshuk



I Louis-Hippolyte La Fontaine



C René Lévesque



J Louis-Joseph Papineau

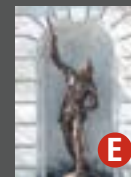


D Robert Bourassa



Monument honouring women in politics

K



Fisherman with Spear fountain



L Maurice Duplessis



Kilometre 0 marker

F



M Adélard Godbout



Information on Québec's motto "Je me souviens" (I remember)



Monument dedicated to the Parliamentary Confederation of the Americas

N

RESTAURANT



EXTEND YOUR EXPERIENCE TO LE PARLEMENTAIRE RESTAURANT!

Located in the Parliament Building, Le Parlementaire is a magnificent Beaux Arts dining room that offers a menu worthy of the most discerning palates. From 1917 to 1968, Le Parlementaire was reserved for MNAs, **but for over 40 years now, it has been open to the public.**

Le Parlementaire is the restaurant of Québec's key State institution and, as such, its mission includes passing on its "savoir-faire". Its signature cuisine spotlights terroir products, our history and our artisans.

Host to many State dinners and formal receptions, and venue par excellence where MNAs and the general public can mingle, Le Parlementaire is unique among Québec City's gourmet restaurants.

Ask restaurant staff which Parliament garden produce is on the menu.



Le Parlementaire

resto@assnat.qc.ca or 418-643-6640
assnat.qc.ca/LeParlementaireRestaurant

NOTES

PARLIAMENT BUILDING HOURS

From the second Tuesday of September to June 23,
except statutory holidays:

Monday to Friday, from 9:00 a.m. to 4:30 p.m.

From June 24 to Labour Day
(first Monday of September):

Monday to Friday, from 9:00 a.m. to 4:15 p.m.

Saturdays, Sundays and statutory holidays,
from 9:30 a.m. to 4:15 p.m.

1-866-337-8837 (toll-free)

General information and reservations
for guide tours: 418-643-7239

Nos collaborateurs :



assnat.qc.ca/jardins (French only)



assnat.qc.ca/socialmedia

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gardens



100%



Paper made in Québec

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